

Autumn 2014

Hospice HAPPENINGS

Cover Photo Val Atkinson Photography



There's no place
LIKE HOME!

Meet our **amazing
Hospice at Home team**
and why they do it

Moving on from loss:
An inspiring story to warm
your heart

Mark's personal challenge
raised over £12k!
READ WHY HE DID IT!

FREE Bring a friend along
for free to our Joy of Christmas Fair



2015 HospiceCare
NORTH NORTHUMBERLAND
Charity Number: 1118293(2009001)
20 Years of Caring for Life!
Patron: Lady Joicey



Welcome to our Autumn issue of Happenings. You will see from our front cover, that we have a special feature to introduce you to some of our amazing Hospice at Home clinical team and why they do what they do for us.

We are so terribly lucky to have HospiceCare in our area - the only palliative care charity in North Northumberland and one which provides free 24 hour care and support not just to patients but also to their families.

I am delighted to become Patron of HospiceCare North Northumberland and feel that I am joining a special team of special people doing an exceptional job.

This year, and every year, in order to carry on our work, we need to raise more than £360,000. We can apply for a small level of support from the NHS every year but it is not guaranteed. The rest comes through fundraising and donations. We are an independent charity, not supported by Macmillan, Marie Curie or other National charities.

HospiceCare has seen a 60% increase in overall referrals, but a 97% increase in demand for Hospice at Home. So continued fundraising is crucial so that we can maintain our level of support. I very much hope to be able to help HospiceCare continue its good work. It can and will be done, but we all need to help!

Lady Joicey Lady Joicey - Patron

Hospice at Home - HospiceCare has a dedicated team of Health Care Assistants who have the necessary skills and knowledge to care and support patients, carers and families in their own home, working in partnership with other health and social care providers. The timing of care and support delivered is tailored around the needs of the patient and family or carer. So if a carer needs to have a decent nights sleep support is provided overnight, or during the day giving the carer 'their' time to go out and do what they want to do. Hospice at Home is also very much about supporting those who wish to die at home. This might involve providing care at short notice to facilitate rapid discharge from hospital, as well as being there when a patient's condition begins to deteriorate. Our professional Hospice at Home team is supported by volunteers who also play a valuable role by providing complementary therapies in the home or simply being with the patient whilst their carer goes shopping or to the hairdresser. If after reading our magazine you would like to talk to someone about getting help for yourself, a family member, or want to get involved in anyway, please call us on **01665 606 515**. We would love to hear from you and **the kettle is always on!**



Sue Gilbertson - Hospice Nurse/Manager



Thinking of getting away?

Call Graham Parker - Travel Counsellor on **01670 897 370**
All bookings are safe and financially protected.

With us...
it's personal

Ways YOU can make a difference today

It couldn't be easier!

1. Donate today, help us to continue to deliver our clinical services to local people living with a life-limiting illness. You can either make a one-off donation or become a Regular Donor.

2. Support our fundraising events, register with our monthly email service (page 12) to ensure you don't miss out on what's happening. Our events are always fun and sometimes exclusive to HospiceCare.

3. Volunteer your time, it's rewarding and you only work hours to suit you.

4. Having a celebration? Why not ask your guests to make a donation to HospiceCare in lieu of gifts.

5. Leave a gift in your Will

6. Hold an event in aid of HospiceCare. This could be a coffee morning in your kitchen at home, or something bigger in your community.

7. Spread the word - tell everyone about us, this is often the most powerful way to promote our services.

Call Julie Frost on **01665 606 515** for more information

How to contact us...

Telephone us:

Monday - Friday, 8.30am - 4.30pm: **01665 606 515**

You can also leave a message on our answer machine outside of these hours and someone will call you back.

Visit us:

Alnwick Day Therapy Centre
Castleside House
40 Narrowgate
Alnwick NE66 1JQ

Berwick Day Therapy Centre
Hazel Marsden House
Violet Terrace
Berwick TD15 1LU

Email: enquiries@hospicecare-nn.org.uk

Website: www.hospicecare-nn.org.uk



[hospicecarenn](https://www.facebook.com/hospicecarenn)



[@hospicecarenn](https://twitter.com/hospicecarenn)

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Back Cover: Great North Run 2015 - reserve your place today!

Designed and Produced by **Premier Design & Print** - 01665 713 899

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£15 per month

could help provide a night's overnight end of life care for a patient in their own home.



Read on-line

www.hospicecare-nn.org.uk



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There's No Place Like Home!



Margaret Inglis -Part of the team for 5 years

What HospiceCare means to me: "I joined the team when Hospice at Home began in 2009. I have worked in the Health Service for many years, spending the last 25 years at Berwick Infirmary.

At the age of 16, I lost my Mother to cancer, sadly, 19 years later my Father also passed to cancer. Unfortunately at both these times there was not a service like Hospice at Home in Edinburgh and both my parents had to be admitted to hospital. I felt very frustrated that we, as a family, could not care for them with support at home.

I feel a fulfilment in being allowed to take care of people at the most personal time of their lives. It is the most rewarding job, with the emphasis on the patients, not the disease. With Hospice at Home individuality is honoured and helping patients achieve their wishes is foremost.

I want to give special care to my patients because I know that my voice, my touch may be the last interaction they have."



Karina Biggers - Part of the team for 1 year

What HospiceCare means to me: "HospiceCare offers a way I can give back something of the care, trust and compassion my Dad was shown when he was dying at home. I find Hospice at Home very humbling, levelling and makes you realise how precious life is. If I can make small difference to people dying, and support their friends and family, by being there to allow them some respite, then I am content."



Hazel Ramsay - Part of the team for 5 years

What HospiceCare means to me: "Some people say to me "Oh! I couldn't do your job, it would be too depressing." But for me, the work I do makes me feel very privileged to be accepted in the home by a family, at what is probably the most emotional and stressful time of their lives. To help and support a family and their loved one through this time is both rewarding and a gift."



Rena Hockney - Part of the team for 1 year

What HospiceCare means to me: "It's a way to help and support people in need at the end of life and that encompasses the person who is dying, as well as the family who are having to face their loved ones deterioration, the carers who are helping at this difficult time and whoever else that might be finding it hard to say goodbye to that person. If I can help make this time as

comfortable as possible and offer my support where it's needed most, then that is why I am Privileged to be part of the HospiceCare team."

Meet some of our amazing Hospice at Home Team



Caroline Millar - Part of the team for 5 years

What HospiceCare means to me: "To be able to support the patient and their family through a difficult emotional time, ensuring the patient has no pain or discomfort and allowing either the patient or family time to talk and share any worries they may have. I feel that sometimes a listening ear or a hug can be such a comfort at such an emotional time."



Frances Richardson - Part of the team for 2 years

What HospiceCare means to me: "The opportunity to continue using a life-time of nursing skills and experience. To be able to give patients the quality of end of life care I believe is their right and the personal satisfaction that I am doing my best for our patients, their families and carers."



Cath McEwan - Part of the team for 5 years

What HospiceCare means to me: "I have worked for HospiceCare since 2009, during this time I have met some wonderful people. I have travelled all over North Northumberland looking after people who wish to end their final days in their own home. I care and support patients night and day, to give relatives some time to shop, pay bills or get some sleep. I always want to make sure that the patient is safe, comfortable and pain-free, as well as offering support to their family. It's a job I really love and a privilege to be part of the hospice."



Linda Wilkinson - Recently joined the Hospice at Home Team

What HospiceCare means to me: "At the interview for HospiceCare, I remember saying that I subscribed to lifelong learning and in this case it couldn't be more true."

After almost 20 years in maternity, I have come full circle and HospiceCare is giving me so much insight into palliative care and what it means for the people I care for and their families. The appreciation for what HospiceCare can do for our patients/clients is very evident at all the homes I have attended so far and this translates into tremendous job satisfaction and in my case, the feeling that even at retirement age, working life can continue as per norm if you want to."



Cath Miller - Part of the team for 5 years

What HospiceCare means to me: "It's such a rewarding job and I love it. I'm able to make a big difference to loved ones and their families, just going that extra mile is such a fantastic feeling. It's important to me that families can have spiritual and emotional support in the comfort of their own homes."

Bereavement Support Special

“No one can understand that feeling of loss unless they have been through it” *David - Aug 2014*

The importance of tea, cake and friendships.

Our Support Group meet every other Thursday at the hospice in Alnwick. The current group would like to share their experiences and encourage anyone who is struggling with grief to make contact with [HospiceCare](#), where they can receive help and support at such a difficult, painful time and also see, that with time and the right support, life can move on, however slowly and that [HospiceCare](#) will always be there for you, for as long as you need it.



All the people in our Support Group were accessing our [HospiceCare Bereavement Listening Service](#) on a one-to-one basis following the loss of their loved one.

Brian, one of the group, said “at first we were all very fragile and needed lots of support from Maxine, (Bereavement Support Coordinator). Having the support did help enormously with my feelings of sadness, despair, loneliness and ‘how will I get through another day!’

“After several months, everyone having the one-to-one support, were invited to join the [Fortnightly Bereavement Support Group](#) with Maxine. Each time we met it felt good to be able share our thoughts and feelings with other people who all really understood how we felt, which made us all feel ‘normal’. We also recognised that we were all feeling the same! We always had an opportunity to talk to Maxine either openly or in private at every meeting.

A year on our group has become friends and as such wanted to continue to meet at the Hospice every other Thursday to chat and continue to support each other over a cup of coffee, sometimes we laugh and have a good banter and talk about ordinary everyday things and sometimes one of us will feel sad. However, although we meet independently of the Hospice’s Bereavement Support Group, Maxine is always around to have a chat with, should one of us need that little bit extra support. We all do feel now that from the emotional support we were all getting, friendship has taken over. Castleside House offers us a safe, private place to be ourselves – meeting in a local café just wouldn’t feel the same.”

£5 per month

Helps keep our phone lines open to patients and carers

Anyone can receive this service, we don't need to have cared for your loved one. All contact is private and confidential and the Bereavement Support is offered free of charge. Maxine Shell, Bereavement Support Coordinator.



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Bereavement Support feedback:

“Talking about anything and being able to repeat myself without looking silly.”

Meet our Bereavement Support Volunteers - Here for you!



I would like to introduce you to some of our wonderful **Bereavement Support Volunteers**. We have 17 Bereavement Support Volunteers in total, all of whom are specially trained and very skilled in offering a Bereavement Listening Service. Together with me, they all have a deep understanding and knowledge of the pain, anger and confusion caused by grief and the death of a loved one.

Our Bereavement Support Volunteers are able to offer support either in your home, over the telephone, or at one of our Day Therapy Centres, which are in Alnwick and Berwick. They will reliably be there for you for as long as you need our support and travel with you on your emotional journey, until you feel ready to continue without them.

This service is completely free of charge, confidential and you don't need a GP referral. We also don't need to have known or cared for your loved one.

If you think we might be able to help you, please give me a call, we can usually arrange for an immediate appointment and be there exactly when you need us.

Maxine Shell
Health Care Assistant/Bereavement Support Coordinator.



Would you like to have the opportunity during December, for quiet reflection away from your normal routine?

Our Quiet Room at Castleside House, Alnwick, will be open from 10.00am to 3pm every day, Monday to Friday from, Monday 1st December to Friday 19th December 2014. You will be able to light a candle and make a dedication on our special Memory Tree. A member of the clinical team will be available should you need support. **You don't need an appointment – just call in.**

Why not leave a gift in your Will? If you are thinking about leaving a Legacy to HospiceCare. Call **Julie Frost** today for free information **01665 606 515**

Frequently Asked Questions

- **Does the Hospice have beds?**

No. Our aim is to help people and their families who are living with a life limiting illness stay and be cared for in their own communities, if that is their wish. This could be in their own home by providing our Hospice at Home service, day or night, in one of the community hospitals, or in either of the Hospice buildings in Alnwick or Berwick where people can come for a few hours for support, therapies, professional advice and guidance. HospiceCare is more about what we do rather than the building where we do it.

- **Do you just see people with Cancer?**

No. The Hospice will support anyone with other conditions such as Motor Neurone Disease, Advanced Parkinson's Disease and Multiple Sclerosis, Heart Failure, Chronic Lung Conditions and Renal Disease. A life limiting illness is any condition where there is no cure and progressively gets worse.

- **Is the Hospice all about dying?**

No. The Hospice's philosophy is all about supporting people to live with their illness whilst seeking the best quality of life possible. It's all about putting the person and the family at the centre and asking them what will make a difference or improve their life at that moment. We often get to know people for several years depending on what point of their journey they access Hospice support. I always tell people to use the Hospice like a slow moving train and hop on and off whichever platform they choose and at a time of their choosing. The Hospice never closes its support to anyone who needs it.

- **Are you Macmillan or St Oswald's Hospice?**

No. We are an independent small local charity who has no financial input or support from either of these charities. One of the main reasons why the Hospice started nearly 20 years ago was because people had to travel to Gosforth to access St Oswald's day services. Also our Hospice at Home service began in 2009 because there was limited palliative care available in someone's home either overnight or during the day. The two Macmillan nurses in North Northumberland do refer into the Hospice services and the palliative care consultant from St Oswald's provides medical care in North Northumberland, so sometimes a patient may be known to all three services, but HospiceCare continues to be the main local provider for palliative care.

- **How much do I pay for my care?**

Nothing. All Hospice services are free.

The Clinical Team



Welcoming
Alison to the
Clinical Team

Holding the Purse Strings

Finance Manager **Bryony Stimpson** has been with HospiceCare since 2006. She works part-time and is assisted one day per week by **Brenda Grace**. They look after the accounts and payroll, pay the bills, oversee the way the charity handles cash and generally try to keep costs to a minimum.

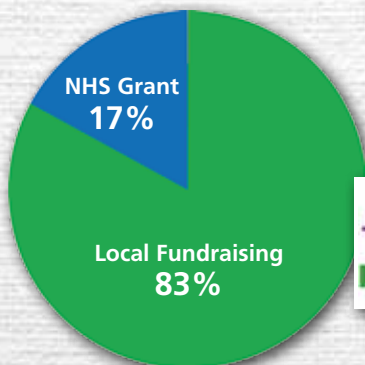


We have a monumental task this year to raise more than ever, as we have seen a **97% increase** in demand for our Hospice at Home Services in just the last 12 months. As a small part-time team, we would like to appeal to our supporters to consider becoming one of our **HospiceCare Friends, by making a monthly regular donation**. We don't keep big reserves, just enough to run for 6-8 months. We will only receive just 17% of our funding from the NHS this year. A solid base of Regular Donors would enable us not only to raise the £360,000 we need to sustain our current services, but to plan to meet growing demand. Why not start today, by using our Giving Form on page 15?

Treasurer **David Atkinson** joined our Board of Trustees (all volunteers) in 2012, after a career in accountancy. He keeps a close eye on financial strategy and for the past couple of years has led the team of volunteers who apply to charitable trusts on behalf of the hospice. They had a very successful year in 2013/14, netting £105,000! We are grateful for kind support from the following:



- Albert Hunt Trust • Alnwick Town Council • Barbour Trust • Caron Keating Foundation • Co-operative Community Fund • Community Foundation: Carr-Ellison Charitable Trust, Jane Robertson Alnwick Fund, Northern Angel Fund for Berwick, Roland Cookson Fund
- D'Oyly Carte Charitable Trust • Dickon Trust • E C Graham Charitable Settlement • Freemasons Grand Charity • Garfield Weston Foundation • H B Allen Charitable Trust • Hedley Denton Charitable Trust
- The Hospital of God at Greatham • Hugonin Family Trust • The Institute of our Lady of Mercy
- J H Burn Charity Trust • JGW Patterson Foundation • Joicey Trust • Liddell-Simpson Charitable Trust
- Lynn Foundation • Nigel Vinson Charitable Trust • North East Promenaders Against Cancer
- P F Charitable Trust • Roger Vere Foundation • Seahouses & District Cancer Care • Sir Jules Thorn Charitable Trust • Sir Steven Middleton Charity Trust • Souter Charitable Trust • Thomas J Horne Memorial Trust • Trusthouse Charitable Foundation • W A Handley • Will Charitable Trust • William Leech Charity



As an independent local charity, our income is not supported by national charities such as Macmillan and Marie Curie. Your donation to **HospiceCare, stays with HospiceCare.**



Community Call-Out!

Last year
we provided
1576 hours of
overnight care.

“Quite simply, without our volunteer support, HospiceCare would not be here. Our people are our most precious resource.”

Sue Gilbertson - Clinical/Hospice Manager

We urgently need volunteers to help us: bake cakes, support administration, help at our Open Gardens and Fairs, support our marketing, as well as IT and telephone work, the list is endless. Volunteering with us is great fun and you can work hours to suit you! Call Rebecca or Emma on 01665 606 515 for more information.



Rebecca Taylor, our Community Fundraiser, with local children who took part in our Hulne Park Family Cycle Ride in May 2014, that raised over £1,000.



Why I wanted to support this incredible local charity...

Kris Blackburn, owner of the Northumberland Arms, Running Fox at Felton and Percy Arms at Chatton, became one of our growing number of Business supporters earlier this year. Kris said that she wanted to “lend a hand in some way to help a local charity. After reading the Spring Issue of Hospice Happenings, then a subsequent visit to the Hospice, she was convinced that as an individual and as a local business owner, HospiceCare was the local charity she wanted to support.”

Kris also said “had I known the level of care HospiceCare are able to provide, there would have been an opportunity for me personally, to allow an incredibly important person in my life to be brought home with dignity, to enjoy looking at their garden, for just that little bit longer.”

Kris is happy to report that “it’s been a successful start to our association with HospiceCare and hats off to the tireless team who continue to fund raise for such a worthy cause. Since the formation of our Business Partnership, things have been pretty hectic to say the least! We helped to promote fundraising events and been able to happily donate cakes/scones etc from The Running Fox Café to be sold at HospiceCare events, products I’m told are much liked and help to raise more funds.

The Northumberland Arms have hosted two successful Jazz Evenings (performed by the talented Richardson & Frith) in addition to Shakespeare on the Bridge, performed by the wonderfully talented Handlebards as part of our fundraising programme.

We will continue to support HospiceCare in their endeavours and are looking forward to an exciting calendar of events next year. “*Kris Blackburn*”

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Celebration Giving



Having a birthday party or special occasion event?

Would you consider

'Celebration Giving'



By asking your guests to give a donation in lieu of gifts to



all the money donated stays local and helps local people and is a tremendous way of 'giving something back'.

Please let us know in advance of your celebration and we will send you our Celebration Giving envelopes, that you can include in your own invitations to your guests. Call Julie on 01665 606 515.

The
J  **Y**
of Christmas Fair

Sunday
23rd November 2014
10.30am - 4.30pm

Linden Hall
Longhorsley NE65 8XF

Bring this magazine along with you to bring a friend in for FREE

Entry £3.50
Children under 12 - Free

Community News

Mark's challenge raises over £12,000!

On 15th May 2014, Mark Bridgeman, 45, of Fallodon Hall, near Christon Bank, set off on a personal challenge to raise funds for HospiceCare, after they supported a member of his family at home. Mark cycled the 1,000 miles from Lands End to John O'Groats in just 10 days and raised over £8,000 for HospiceCare and a further £4,500 for the Great North Air Ambulance. Mark said "It was a tough challenge doing 100 miles every day, but I'm thrilled to be able to help support these two important local charities. The toughest day was crossing Devon with all it's hills on a very hot day. The most spectacular day was crossing over Rannoch Moor and Glen Coe."



THINKING ABOUT MAKING A DONATION?

Last year we delivered 328 hours giving Carers respite in their own homes during the day or night.

Please help us continue providing this support!

Demand is growing for our Hospice at Home service. We need your support to do this!

Use your Mobile:

Text 'HAPP14 £amount' TO 70070

JustTextGiving is a FREE service provided by Vodafone and JustGiving. You can choose the amount you give which will appear on your mobile phone bill

Please Donate Now by Text Giving!

JustTextGiving
by  **vodafone**

Meet our Fundraising Team



Claire Price
Fundraising/Marketing
Administrator



Rebecca Taylor
(on the right)
Events and Community
Fundraiser



Emma Arthur
Events and Community
Fundraiser



Julie Frost
Marketing/PR/Corporate
Co-ordinator

Claire, Rebecca, Emma and Julie are all paid part-time, although they often work long hours, which they happily donate back to the charity. In just two years they have seen their annual budget grow from £300,000 to over £360,000 this year.

When asked what their biggest challenges were they said "people not realising that we are an independent local charity and are not linked to any other charities, such as Macmillan or Marie Curie and unlike their local donations that go into a National pot, donations made to HospiceCare, stays with HospiceCare in North Northumberland."



Community Contacts Urgently Needed!

We urgently need to find key people across North Northumberland, to assist us in helping to distribute and display posters and also find locations for our Coin Collection Tins, for example, Village shops, Pubs, Community noticeboards, Libraries - the list is endless.

As a small part-time fundraising team, this volunteer support would be invaluable to us. If you think you are able to help, please call Julie on **01665 606 515**.



Our Schools & Community Talks Programme

Children from Whittingham First School

If you would like us to give a HospiceCare Talk to your Community group or school, please call Julie Frost on **01665 606 515**

NORTHUMBERLAND MUSIC FESTIVAL
Friday 14th - Sunday 30th November 2014

OPERA, CLASSICAL AND TRADITIONAL MUSIC HOSTED AT THE REGION'S MOST PRESTIGIOUS COUNTRY HOUSE VENUES	A GRAND OPERATIC TOUR OF ITALY AT GUYZANCE HALL Saturday 22nd November Evening Performance	ACROSS THE ATLANTIC with GRACEY DANDY AT ESHOTT HALL Sunday 30th November Evening Performance
THE BARBER OF SEVILLE AT DOXFORD HALL Friday 14th November Evening Performance	A FEAST OF GILBERT AND SULLIVAN 4 AT GUYZANCE HALL Sunday 23rd November Evening Performance	For bookings Contact Northumberland Music Festival Tel: 01665 283 100 or Tel: 01665 599 700 www.nmffestival.com
THE BRITISH PHILHARMONIC CONCERT ORCHESTRA AT DOXFORD HALL Saturday 15th November Evening Performance	WICKED WOMEN AT ESHOTT HALL Friday 28th November Evening Performance	
TOSCA AT DOXFORD HALL Sunday 16th November Evening Performance	THE THREE ENGLISH TENORS AT ESHOTT HALL Saturday 29th November Evening Performance	
THE NORTHUMBRIAN RANTERS AT DOXFORD HALL Friday 21st November Evening Performance	THE BAND OF THE ROYAL REGIMENT OF FUSILIERS AT GUYZANCE HALL Sunday 30th November Lunchtime Performance	

HospiceCare Companions



Before volunteering for HospiceCare, in 2011 to help at fundraising events, Malcolm Royal had a 22 year career in the RAF.

After losing his Dad 4 years ago and seeing just how many people helped him towards the end of his life, Malcolm decided that he wanted to give something back, by helping people who were caring for a loved one at home.

Malcolm is now one of our Volunteer Companions, that support people who are caring for a loved one, who need a break for a couple of hours and take some time back for themselves, or for anyone living on their own with a life limiting illness, who may feel lonely or isolated. That could mean chatting to the patient, making a cup of tea, sitting in the garden or watching TV together – anything that any friend would do for another. Malcolm's reward is just being able to make a difference, even in the smallest way, to make someone else's life that little bit easier.

If you would like to know more about our Companion Support Service, or would like to request a visit, please call 01665 606 515 and speak to one of the clinical team.

Remembering Angela



"Remember life is a gift, not a right" Angela Matthewson, Sept 2014

Angela was diagnosed 5 years ago with Breast Cancer aged just 37. Despite all the challenges her cancer presented, Angela never stopped 'waving the flag' for HospiceCare and became one of our most prolific fundraisers. Angela said on more than one occasion, that if she could use her cancer to get people's attention to raise as much money as she could, then that's what she would do - right up until her death, she was planning ways of raising more funds for HospiceCare.

Only two weeks before she died, she took part in the Great North Run, with the support of her friends, family and Wilbur the Wheelchair. Team Matthewson crossed the line in 3hrs and 53 minutes and have so far raised over £2,000. Angela said of HospiceCare "they cannot change your journey, but they can hold your hand and support you through the dark times and help you live with your diagnosis."

Sadly Angela died on 21st September 2014, she was just 42 years old. So, to carry on the fantastic work that Angela started, we have picked up the baton and have set up the Angela Matthewson Legacy Fund - in Angela's words "please donate to this fab local charity - I would have given up a long time ago without their support." To donate and leave a personal message visit: www.justgiving.com/RememberingAngela

Join us for coffee at Berwick



Hilary & Michael two of our Berwick Volunteers - join them and our other volunteers, the last Friday of every month for a cosy Coffee Morning at our Therapy Center, Hazel Marsden House, Berwick, from 9.30am until 12noon. Delicious homemade cakes and Raffle. Great opportunity to meet friends, have a natter and raise funds for HospiceCare.

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Hospice at Home feedback

" Suddenly, I was able to go to bed for the first time in a week."

Light up a life

An event to remember your loved ones and support your local hospice.

“*Until only a few months ago I had never heard of the Hospice, but now I realise what a special place it is. Thank you so much for all the support you have given to my mother and our family during her illness. You have all made a difficult time so much easier for us to cope with. I cannot thank you enough.*”

Quote from one of our families.

Berwick Hospice
Hazel Marsden House
Violet Terrace, Berwick
Monday 8th December,
6.30pm

Alnwick Hospice
Castleside House
40 Narrowgate,
Alnwick

Tuesday 9th December,
6.30pm

Seahouses
Wednesday 10th December
Call 01665 606 515
for venue details

St Cuthbert's Hall,
Amble
Thursday 11th December,
6.00pm

Cheviot Centre, Wooler
Friday 12th December,
6.30pm

If you would like to dedicate a light to someone special, please complete the 'Giving Form' opposite and attach a note of their name, and any message you wish to add.



HospiceCare
NORTH NORTHUMBERLAND

Charity Number: 1103025/5003481

20 Years of Caring for Life!

Please do join us at one of the events - call **01665 606 515** or visit www.hospicecare-nn.org.uk for more details.

WAYS TO GIVE - Giving is easy from our website:

www.hospicecare-nn.org.uk - click on the **JustGiving** button and fill in your details.

Monthly gifts are particularly welcome as they make budgeting easier.

Alternatively, complete and return the form below:



Title: Forename(s): Surname:.....

Home Address:

Post Code:

Please e-mail information about Hospice events: yes / no

E-mail address:

I enclose a cheque for £..... payable to "HospiceCare"

I want to make a regular gift

To: The Manager (Your Bank)

Bank Address:

Post Code:

Please pay: **HospiceCare North Northumberland**

Via: HSBC, Bondgate Within, Alnwick, NE66 1TJ

Sort Code: 40-08-18 Account No: 41230743

The sum of £..... every *month / *quarter / *year (*delete as necessary)

Account Name: Start Date:

Sort Code:/...../..... Account Number:

Signature: Date:

If you are a UK taxpayer, sign below to add 25p to every £1 you give..

Gift Aid Declaration:

Please treat as Gift Aid donations all qualifying gifts of money (tick all that apply)

the enclosed donation of £

donations I have made in the past 4 years

donations made from the date of this declaration

- I confirm that I have paid or will pay an amount of income tax and/or capital gains tax for each year (6 April to 5 April) that is at least equal to the amount of tax that all the Charities or Community Amateur Sports Clubs that I donate to will reclaim on my gifts for that tax year
- I understand that other taxes such as VAT and Council Tax do not qualify
- I understand that the charity will reclaim 25p of tax on every £1 that I gave after 6 April 2008
- I will inform the Hospice if my tax status changes



Signature: Date:

The North Northumberland Hospice is a company limited by guarantee. Registered Office: 40 Narrowgate, Alnwick, Northumberland, NE66 1JQ
Registered as a company in England No. 04925273, Charity No. 1103635 and Scottish Charity No. 039481 Tel: 01665 606515



**We need your support to continue this invaluable service.
Please will you donate today! HospiceCare t: 01665 606 515**

Bupa great north run



13th September 2015

Places still available, want to know more?

Please give Emma a call on 01665 606 515

Email: fundraising@hospicecare-nn.org.uk or visit www.hospicecare-nn.org.uk

**Northumberland Coastal
Challenge Walk
with Shepherds Walks
4th May 2015**



**Family Fun Cycle Challenge
at Hulne Park June 2015**



**The "B" Festival
Outdoor Summer Music Festival
at Bamburgh Castle
31st July 2015**



**Bamburgh Castle Abseil
Bank Holiday Weekend
August 2015**



Zip slide 2015



**Kilimanjaro Trek
25th September 2015**

For more information about the events above please visit - www.hospicecare-nn.org.uk